DR. VILMA VÁRFALVI 2001

## Reflections

Marika Schwarcz paints the light without shadow. Such inner insight can only be had by someone whose consciousness is on the road of spiritual evolution toward enlightenment. The painter's inner peace and the light of her consciousness have touched me and impress viewers of her pictures. I feel that we need this clean, shadowless, joyful impression. I saw these pictures some days after the terrible events in New York, and it occurs to me that the fear, uncertainty, and aggression in our collective unconscious are now balanced here by a drop of peace, sunshine, and love.

So what is this one drop in the huge ocean? I believe that every single drop ripples outward through the entire ocean. I believe that we cannot expect human happiness to come from others, from outer sources, but only from our own inner world. Marika creates in herself this peaceful, garden-of-Eden happiness and with an outwardly radiating influence helps others as well.

Thank you for this experience. I wish you with all my heart that the garden-of-Eden of your soul continues to give you much pleasure and that, in a world loaded with shadows, you dare to be a transmitter of Light.

Dr. Vilma Várfalvi, Psychologist

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